


2017 WESTERN CAPE LASER-RUN TEAM
FOR SA CHAMPS



2017



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MALE

#	Year	Surname	Name		
under 11	2007-2008	400m run x 2	5m Shoot	2 Hands	
u11	2007	Windt	Zian	WC	1
u11	2007	Van Heerden	Dirkie	WC	2
u11	2007	Ludorf	Luka	WC	3
u11	2007	Machtelinckx	Mattijs	WC	4
under 13	2005-2006	400m run x 3	5m Shoot		
u13	2005	Gallant	Tristan	WC	1
u13	2005	Kriegler	Christiaan	WC	2
u13	2006	Burger	Leo	WC	3
u13	2006	Basson	Wilan	WC	4
u13	2005	Ludorf	Joe	WC	5
u13	2005	Walters	Tiaan	WC	6
Masters 60+	1948-1957	400m run x 3	7m Shoot		
M60+	1953	Windt	Johan	WC	1
Masters 50+	1958-1967	400m run x 3	7m Shoot		
M50+	1964	Oehley	Derek	WC	1

FEMALE

#	Year	Surname	Name	District	Place
under 11	2007-2008	400m run x 2	5m Shoot	2 Hands	
u11	2007	Prinsloo	Mila	WC	1
u11	2007	Aucamp	Mila	WC	2
u11	2008	Van der Merwe	Simone	WC	3
under 13	2005-2006	400m run x 3	5m Shoot		
u13	2005	Campbell	Marne	WC	1
u13	2005	Windt	Madelein	WC	2
u13	2005	Viljoen	Leanne	WC	3
u13	2005	Kruger	Isabella	WC	4
Masters 60+	1948-1957	400m run x 3	7m Shoot		
Masters 50+	1958-1967	400m run x 3	7m Shoot		
M50+	1960	Hamilton Russel	Bridgid	WC	1
M50+	1960	O'Hanlon	Jenny	WC	2
M50+	1964	Joubert	Suzette	WC	3

under 15	2003-2004	400m run x 4	7m Shoot		
u15	2003	Van Renen	Ruard	WC	1
u15	2004	Smit	Alexander	WC	2
u15	2004	Kayser	Beurick	WC	3
u15	2004	Andries	Tyron-Lee	WC	4
u15	2004	Smit	Christopher	WC	5
u15	2004	Schoeman	Stef	WC	6

under 15	2003-2004	400m run x 4	7m Shoot		
u15	2003	Vroon	Mandy	WC	1
u15	2003	Scott	Aimee	WC	2
u15	2004	Engelbrecht	Linél	WC	3
u15	2003	Dougious Henry	Paige	WC	4

MALE					
#	Year	Surname	Name	Place	
Masters 40+	1968-1977	400m run x 4	10m Shoot		
M40+	1975	Smit	Aldrin	WC	1
M40+	1968	Van Wyk	Chris	WC	2
M40+		Groenewald	Greens	WC	3

FEMALE					
#	Year	Surname	Name	Place	
Masters 40+	1968-1977	400m run x 4	10m Shoot		
M40+	1968	Wessels	Liezel	WC	1
M40+	1970	Ribeiro	Liesl	WC	2
M40+	1974	Visser	Ulene	WC	3

under 17	2001-2002	400m run x 4	10m Shoot		
u17	2002	Scott	Joshua	WC	1
u17	2001	Sunderland	Joshua	WC	2
u17	2001	Visser	Hendrik	WC	3
u17	2002	Bradley	Luke	WC	4
u17	2001	Schliemann	Alexander	WC	5
u17	2001	Kruger	Alexander	WC	6

under 17	2001-2002	400m run x 4	10m Shoot		
u17	2001	Burger	Mieke	WC	1
u17	2002	Kayser	Carlah	WC	2
u17	2002	Elvidge	Hannah	WC	3

under 19	1999-2000	800m run x 4	10m Shoot		
u19	2000	Osche	Retief	WC	1
u19	2000	Bakker	Victor	WC	2
u19	1999	Kruger	William	WC	3

under 19	1999-2000	800m run x 4	10m Shoot		
u19	1999	Vroon	Kelly	WC	1
u19	1999	Wessels	Jana	WC	2
u19	1999	Vorster	Zhané	WC	3

u19	2000	Velissariou	Daniel	WC	4
u19	1999	Du Plessis	Pieter	WC	5
u19	1999	Prins	Davon	WC	6
u19	1999	Kleynhans	AC	WC	7

u19	1999	Vorster	Zanelle	WC	4
u19	2000	Du Toit	Elzane	WC	5
u19	2000	Du Plessis	Lynn-Mari	WC	6
u19	1999	Visser	Suné	WC	7

Juniors	1996-1998	800m run x 4	200m swim		
Jnr	1997	Lamprecht	Herculaas	WC	1
Jnr	1998	Jacobs	Jerome	WC	2
Jnr	1998	Du Toit	Thinus	WC	3

Juniors	1996-1998	800m run x 4	200m swim		

Seniors	1978-1995	800m run x 4	200m swim		
Snr	1994	Oosthuizen	Pietie	WC	1
Snr	1992	Swanepoel	Rohan	WC	2

Seniors	1978-1995	800m run x 4	200m swim		
Snr	1990	Labuschaigne	Ria	WC	1
Snr	1994	Meyer	Alecia	WC	2
Snr	1978	Roberts-Boucher	Thelma	WC	3
Snr		Groenewald	Linelle	WC	4