

SA LASER-RUN CHAMPIONSHIP - RESULTS 2019

PTA Gauteng 5 May 2019



Girls u/11

Place	Athlete Name	Athlete Surname	Prov	Time
1	Tatiana	Thomatos	Western Cape	3:20:22
2	Minke	Shaw	Western Cape	3:20:50
3	Lara	Aucamp	Western Cape	3:20:69
4	Isabella	Ambrosio	KwaZulu-Natal	3:21:26
5	Anna	Grabe	Western Cape	3:31:56
6	Mika-Leigh	Strydom	Free State	3:51:96
7	Anmi	Slabbert	Western Cape	3:59:61
8	Regan	Egbers	Gauteng	4:01:67
9	Jenna	Barnard	Free State	4:06:45
10	Amy	Walker	KwaZulu-Natal	4:10:43
11	Liane	Koekemoer	Gauteng	4:27:58
12	Lua	Posthumus	Eastern Cape	4:54:93
13	Izel	Bezuidenhout	Gauteng	5:02:35

Boys u/11

Place	Athlete Name	Athlete Surname	Prov	Time
1	Thomas	Van der Merwe	Western Cape	3:02:25
2	Andreas	Roos	Gauteng	3:12:58
3	Jurgen	Nortjè	Free State	3:13:26
4	Renso	De Wet	Western Cape	3:22:15
5	Adam	de Lange	Eastern Cape	3:23:27
6	Cayden	Potgieter	Free State	3:24:87
7	Pierre-Daniel	Jacobs	Eastern Cape	3:25:96
8	Liam	Els	Western Cape	3:32:05
9	Sarel	Olivier	Gauteng	3:34:33
10	Thomas	Hunt	Gauteng	3:40:96
11	Albert	Myburgh	Western Cape	3:55:73

Girls u/13

Place	Athlete Name	Athlete Surname	Prov	Time
1	Mila	Aucamp	Western Cape	4:57:93
2	Tonya	Schoeman	Western Cape	4:58:78
3	Mila	Prinsloo	Western Cape	5:02:96
4	Donna	le Roux	Free State	5:04:53
5	Imke	Els	Western Cape	5:08:04
6	Jessica	Barnard	Free State	5:15:41
7	Carmi	Shaw	Western Cape	5:17:25
8	Simone	Van der Merwe	Western Cape	5:23:00
9	Micke	de Andrade	Free State	5:26:38
10	Danny	Pienaar	Free State	5:30:40
11	Keira	van Heerden	Eastern Cape	5:34:82
12	Araya	de Waal	Gauteng	5:52:43
13	Kerrin	Walker	KwaZulu-Natal	5:54:03
14	Riley	Egbers	Gauteng	5:54:79
15	Isla	Thomas	Gauteng	5:57:73
16	Hana	Newlands	KwaZulu-Natal	5:58:53

17	Elri	Cloete	Free State	6:16:69
18	Helaney	Steyn	Gauteng	6:27:42
19	Nicolene	Olivier	Gauteng	6:53:43
20	Aimée	Annandale	Gauteng	7:12:08
21	Jedidja	Viljoen	Western Cape	7:36:0

Boys u/13

Place	Athlete Name	Athlete Surname	Prov	Time
1	Joshua	Eccles	Gauteng	4:45:81
2	Leendert	Koekemoer	Gauteng	4:51:63
3	Dregan (Johannes)	Brink	Gauteng	4:59:57
4	Matthew	Hunt	Gauteng	5:08:33
5	Jannes	Krause	Free State	5:11:64
6	Trent	Marchand	KwaZulu-Natal	5:19:36
7	Rynhardt	Janse van Rensburg	Free State	5:20:75
8	Lüdgen	Le Roux	Eastern Cape	5:27:99
9	Adriaan	De Waard	Western Cape	5:33:95
10	Ruan	Strydom	Free State	5:34:39
11	Liam	Julyan	Western Cape	5:36:42
12	Luan	Strydom	Free State	5:37:82
13	Reece	Freeman	Eastern Cape	5:47:15
14	Luke Wheal	Spencer	Gauteng	5:52:74
15	Johann	Grabe	Western Cape	5:54:40
16	SJ	Kemp	Limpopo	6:08:57
17	Aldo	Bezuidenhout	Free State	6:30:09
18	Gerard	Kruger	Limpopo	6:35:96
19	Charl	Posthumas	Eastern Cape	6:39:07
20	Zian	Windt	Western Cape	6:39:30

Girls u/15

Place	Athlete Name	Athlete Surname	Prov	Time
1	Michè	Johns	Free State	6:38:54
2	Chloe	Diedericks-Boudouris	Gauteng	6:50:63
3	Marné	Campbell	Western Cape	7:04:41
4	Anina	Groenewald	Free State	7:18:06
5	Trusten	Barnard	Free State	7:25:25
6	Lane	van Rooyen	Free State	7:31:26
7	Simoné	Jacobs	Gauteng	7:37:00
8	Danielle	Joubert	Free State	7:50:44
9	Emmanuella	Ambrosio	KwaZulu-Natal	7:54:47
10	Justine	Olivier	Gauteng	8:52:67
11	Nadia	Visser	Western Cape	10:19:64
12	Sonique	Drake	Gauteng	10:58:31

Boys u/15

Place	Athlete Name	Athlete Surname	Prov	Time
1	Jean-Jacques	Holtzhausen	Free State	5:56:54
2	Marco	Prins	Gauteng	6:09:65
3	Botha	Barnard	Free State	6:24:54
4	Ruan	Le Roux	Eastern Cape	6:26:94
5	Diaan	Rooseboom	Gauteng	6:31:56
6	Tristan	Gallant	Western Cape	6:50:86

7	Lucas	Botha	Western Cape	6:57:73
8	Janu	Janse van Rensburg	Free State	7:01:97
9	Tyler	Schagen	Western Cape	7:04:97
10	Tiaan	Walters	Western Cape	7:17:65
11	Hanru	Krause	Free State	7:23:98
12	Stephan	Steyn	Gauteng	7:30:89
13	Dmitri	Annandale	Gauteng	7:49:18
14	Christiaan Eugene	Lotz	Gauteng	7:55:75
15	Luke	Newlands	KwaZulu-Natal	8:84:51

Girls u/17

Place	Athlete Name	Athlete Surname	Prov	Time
1	Alexandria	Klopper	Free State	7:06:60
2	Amanda (Mandy)	Vroon	Western Cape	7:32:71
3	Nadya	Stolarczyk	Gauteng	7:34:60
4	Marjolijn	Visser	Free State	8:08:97
5	Sanchia	Poovan	Eastern Cape	8:13:00
6	Caylin	de Andrade	Free State	8:45:54
7	Megan	Hunt	Gauteng	9:27:65
8	Nikita	Stolarczyk	Gauteng	11:12:15
9	Zinade	Drake	Gauteng	13:03:20

Boys u/17

Place	Athlete Name	Athlete Surname	Prov	Time
1	Cayde	de Waal	Gauteng	6:42:00
2	Stef	Schoeman	Western Cape	6:45:51
3	Marcus	Kleynhans	Western Cape	7:34:15
4	Hanu	Nel	Limpopo	7:55:45
5	Keegan	van Heerden	Eastern Cape	8:03:70
6	Tiaan	Dorfling	Gauteng	9:00:48
7	Jean-Pierre	Meerholz	Gauteng	9:06:39

Girls u/19

Place	Athlete Name	Athlete Surname	Prov	Time
1	Karla	Grobler	Limpopo	14:36:61
2	Lauren	Owen	KwaZulu-Natal	16:22:42
3	Zelna	Hugo	Western Cape	16:43:65

Boys u/19

Place	Athlete Name	Athlete Surname	Prov	Time
1	De-Leon	Strydom	Eastern Cape	14:29:01
2	Franco	Fourie	Free State	15:53:82
3	Francois	Jacobs	Gauteng	16:12:87

Junior Female

Place	Athlete Name	Athlete Surname	Prov	Time
1	Tara	Schwulst	Eastern Cape	14:52:53
2	Zané	Vorster	Western Cape	17:42:15

Junior male

Place	Athlete Name	Athlete Surname	Prov	Time
1	Rhys	Poovan	Eastern Cape	12:53:94
2	Gareth	Vorster	Eastern Cape	14:18:34
3	Neytwin	Lamini	Western Cape	15:08:86
4	Davon	Prins	Western Cape	15:21:60
5	Marno	Theunissen	Western Cape	15:59:64
6	Cobus	V Wyk	Limpopo	17:16:90
7	Danré	Grove	Limpopo	17:43:58

Senior female

Place	Athlete Name	Athlete Surname	Prov	Time
1	Nicolette	Ramshaw	KwaZulu-Natal	17:49:87
2	Linèlle	Groenewald	Western Cape	18:19:53
3	Sharine	Barnard	Free State	18:51:26

Senior male

Place	Athlete Name	Athlete Surname	Prov	Time
1	Dylan	Kruger	Gauteng	11:59:04
2	Berndt	Burger	Gauteng	12:10:87
3	David	Kabwa	Gauteng	15:54:71
4	Wilke	Pretorius	Gauteng	16:04:14
5	Charl	Malan	Free State	16:32:22
6	Jerome	Jacobs	Western Cape	17:20:63

Female Master 40+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Retha	Houy	Gauteng	9:46:05
2	Ulene	Visser	Western Cape	9:54:83
3	Armanda	Kruger	Limpopo	10:47:30
4	Janine	Viljoen	Western Cape	11:05:55
5	Adelle	Coertze	Gauteng	11:05:79

Male master 40+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Greens	Groenewald	Western Cape	7:47:13
2	Bernard	Shaw	Western Cape	8:12:01
3	Bertus	Myburgh	Western Cape	8:18:39
4	Dewald	van Rooyen	Free State	8:28:02
5	Lourens	Koekemoer	Gauteng	8:34:97
6	Roy	Newlands	KwaZulu-Natal	8:37:41
7	Corne	Lotz	Gauteng	8:40:01
8	Stanton	Freeman	Eastern Cape	9:48:83

Female master 50+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Bridgid	Hamilton Russell	Western Cape	6:21:79
2	Rika	Spang	Western Cape	8:17:09

Male Master 50+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Johan	Van den Berg	Gauteng	4:51:27
2	Marthinus Cornelis	de lange	Gauteng	5:02:58
3	Andre	Jacobs	Gauteng	5:12:67
4	Graham	Burnett	Gauteng	5:34:34
5	Barend	van der Merwe	Western Cape	5:57:54
6	Johannes	Viljoen	Western Cape	6:43:97

Female Master 60+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Hannalie	van Zyl	Gauteng	7:32:44
2	Stephanie	Claassen	Gauteng	7:36:29

Male Master 60+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Johan	Windt	Western Cape	5:22:34
2	Len	Claassen	Gauteng	5:56:22
3	Kiewiet	Joubert	Gauteng	6:35:27
4	Leslie	Abrahams	Western Cape	7:06:69

Male Master 70+

Place	Athlete Name	Athlete Surname	Prov	Time
1	Philippe - Patrice	Castel	Gauteng	7:29:52
2	Bob	Garden	Gauteng	8:33:00