

SA Triathlon Championship 2019 - Results

Under 11 Males			(3m Shoot – 25m Swim – 200m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
25	11/21 M	Thomas	Van der Merwe	Western Cape	1
19	11/06 M	Renso	De Wet	Western Cape	2
21	11/16 M	Cayden	Potgieter	Free State	3
23	11/19 M	Alexander	Serfontein	Eastern Cape	4
18	11/05 M	Adam	de Lange	Eastern Cape	5
17	11/03 M	Adam	Brown	Eastern Cape	6
24	11/20 M	Stephen	Tinhof	Eastern Cape	7
20	11/07 M	Thomas	Hunt	Gauteng	8
22	11/18 M	Andreas	Roos	Gauteng	9
26	11/24 M	Bradley	Victor	Eastern Cape	10
16	11/02 M	Kelso Lee	Bolton	KZN	11
Under 11 Females			(3m Shoot – 25m Swim – 200m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
13	11/22 F	Tatiana	Thomatos	Western Cape	1
5	11/09 F	Keira	Holland	Gauteng	2
10	11/18 F	Anmi	Slabbert	Western Cape	3
9	11/17 F	Minke	Shaw	Western Cape	4
7	11/11 F	Abigail	Kotze	Western Cape	5
12	11/21 F	Mika-Leigh	Strydom	Free State	6
14	11/23 F	Roxie	Van Heerden	Western Cape	7
8	11/16 F	Keira	Palmer	Gauteng	8
11	11/19 F	Leah	Smith	Eastern Cape	9
3	11/05 F	Regan	Egbers	Gauteng	10
2	11/02 F	Jenna	Barnard	Free State	11
6	11/10 F	Lana	Koeglenberg	Gauteng	
1	11/01 F	Isabella	Ambrosio	KZN	
4	11/07 F	Anna	Grabe	Western Cape	
15	11/24 F	Minette	van Zyl	Eastern Cape	
Under 11 Females			(3m Shoot – 25m Swim – 200m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
25	11/21 M	Thomas	Van der Merwe	Western Cape	1
19	11/06 M	Renso	De Wet	Western Cape	2
21	11/16 M	Cayden	Potgieter	Free State	3
23	11/19 M	Alexander	Serfontein	Eastern Cape	4
18	11/05 M	Adam	de Lange	Eastern Cape	5
17	11/03 M	Adam	Brown	Eastern Cape	6
24	11/20 M	Stephen	Tinhof	Eastern Cape	7
20	11/07 M	Thomas	Hunt	Gauteng	8
22	11/18 M	Andreas	Roos	Gauteng	9

26	11/24 M	Bradley	Victor	Eastern Cape	10
16	11/02 M	Kelso Lee	Bolton	KZN	11

Under 13 Males			(5m Shoot – 50m Swim – 400m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
3	13/04 M	Joshua	Eccles	Gauteng	1
20	13/33 M	Dirkie	Van Heerden	Western Cape	2
11	13/14 M	Luka	Ludorf	Western Cape	3
19	13/31 M	Luke	Tinhof	Eastern Cape	4
12	13/15 M	Trent	Marchand	KZN	5
5	13/06 M	Matthew	Hunt	Gauteng	6
1	13/02 M	Johannes Andre (Dregan)	Brink	Gauteng	7
9	13/11 M	Leendert	Koekemoer	Gauteng	8
21	13/35 M	Ludgen	Le Roux	Eastern Cape	9
6	13/08 M	Rynhardt	Janse van Rensburg	Free State	10
2	13/03 M	Blake	Brown	Eastern Cape	11
18	13/29 M	Ruan	Strydom	Free State	12
15	13/26 M	Zac	Smith	Eastern Cape	13
10	13/12 M	Jannes	Krause	Free State	14
17	13/28 M	Luan	Strydom	Free State	15
14	13/22 M	Cole	Roodt	Gauteng	16
13	13/20 M	Xander	Pretorius	Gauteng	17
16	13/27 M	Luke	Spencer	Gauteng	
4	13/05 M	Johann	Grabe	Western Cape	
7	13/09 M	Liam	Julyan	Western Cape	
8	13/10 M	Karsten	Kleyn	Gauteng	

Under 13 Females			(5m Shoot – 50m Swim – 400m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
16	13/29 F	Keira	van Heerden	Eastern Cape	1
15	13/27 F	Simone	Van der Merwe	Western Cape	2
13	13/24 F	Mila	Stander	Western Cape	3
4	13/08 F	Micke	de Andrade	Free State	4
11	13/22 F	Mila	Prinsloo	Western Cape	5
12	13/23 F	Stella Amber	Reinecke	KZN	6
5	13/09 F	Araya	de Waal	Gauteng	7
14	13/26 F	Isla	Thomas	Gauteng	8
17	13/30 F	Amelia	Vincent	Free State	9
10	13/21 F	Danny	Pienaar	Free State	10
2	13/04 F	Mea	Botha	Western Cape	11
7	13/14 F	Carli	Groenewald	Free State	12
3	13/05 F	Elri	Cloete	Free State	13
9	13/20 F	Hana	Newlands	KZN	14
8	13/19 F	Anja-Marie	Mooi	Gauteng	15
1	13/01 F	Jessica	Barnard	Free State	

6	13/10 F	Riley	Egbers	Gauteng	
---	---------	-------	--------	---------	--

Under 15 Males			(5m Shoot – 25m Swim – 400m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
22	15/20 M	Marco	Prins	Gauteng	1
17	15/13 M	Christiaan	Kriegler	Western Cape	2
19	15/15 M	Ruan	Le Roux	Eastern Cape	3
11	15/03 M	Wilan	Basson	Western Cape	4
24	15/29 M	Tiaan	Walters	Western Cape	5
15	15/11 M	Janu	Janse van Rensburg	Free State	6
12	15/05 M	Daan Christiaan (Diaan)	Brink	Gauteng	7
14	15/10 M	Cullen	Holland	Gauteng	8
16	15/12 M	Hanru	Krause	Free State	9
13	15/07 M	Pieter	De Wet	Western Cape	10
23	15/21 M	Matthew Joe	Reinecke	KZN	11
25	15/30 M	John-Ray (JJ)	Waterson	Gauteng	12
9	15/01 M	Dimitri	Annandale	Gauteng	13
20	15/18 M	Henrico	Mooi	Gauteng	14
26	15/31 M	Luke	Weaver	Eastern Cape	15
10	15/02 M	Botha	Barnard	Free State	
21	15/19 M	Luke	Newlands	KZN	

Under 15 Females			(5m Shoot – 25m Swim – 400m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
6	15/11 F	Miché	Johns	Free State	1
4	15/09 F	Chloe	Diedericks-Boudouris	Gauteng	2
3	15/07 F	Marné	Campbell	Western Cape	3
8	15/13 F	Lisa	Kleyn	Gauteng	4
5	15/10 F	Anina	Groenewald	Free State	5
1	15/01 F	Emmanuella	Ambrosio	KZN	6
7	15/12 F	Danielle	Joubert	Free State	7
2	15/02 F	Trusten	Barnard	Free State	

Under 17 Males			(10m Shoot – 50m Swim – 600m Run)		
Lane No.	Athlete No.	Name	Surname	Province	Position
14	17/01 M	Bernhard	Andrag	Western Cape	1
19	17/14 M	Ruard	Van Renen	Western Cape	2
15	17/03 M	Cayde	de Waal	Gauteng	3
20	17/13 M	Keegan	van Heerden	Eastern Cape	4
18	17/10 M	Sreyams	Sathyan	Western Cape	5
17	17/09 M	Dean	Koeglenberg	Gauteng	6
16	17/08 M	Marcus	Kleynhans	Western Cape	

Under 17 Females			(10m Shoot – 50m Swim – 600m Run)		
------------------	--	--	-----------------------------------	--	--

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
8	17/09 F	Alexandria	Klopper	Free State	1
13	17/17 F	Mandy	Vroon	Western Cape	2
11	17/13 F	Anke	Serfontein	Eastern Cape	3
10	17/12 F	Aimee	Scott	Western Cape	4
6	17/06 F	Caylin	de Andrade	Free State	5
5	17/01 F	Tyra Shae	Bolton	KZN	6
7	17/08 F	Megan	Hunt	Gauteng	7
9	17/10 F	Bernice	Laboff	Limpopo	
12	17/14 F	Paola	Signorile	Eastern Cape	

Under 19 Males			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
2	19/07 M	Joshua	Scott	Western Cape	1

Under 19 Females			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
1	19/02 F	Karla	Grobler	Limpopo	1

Junior Males			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
5	J/01 M	Andrè	Kleynhans	Western Cape	1

Junior Females			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
3	J/02 F	Tara	Schwulst	Eastern Cape	1
4	J/04 F	Kelly	Vroon	Western Cape	2

Senior Males			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
9	S/01 M	Daniel	Vosloo	Western Cape	

Senior Females			(10m Shoot – 50m Swim – 800m Run)		
<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
7	S/02 F	Anel	D Vos	Limpopo	1
8	S/03 F	Nicci	Ramshaw	KZN	2
6	S/01 F	Sharine	Barnard	Free State	

Masters 40+ Males			(10m Shoot – 50m Swim – 600m Run)		
--------------------------	--	--	--	--	--

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
2	M40+/05 M	Roy	Newlands	KZN	1
3	M40+/07 M	Bernard	Shaw	Western Cape	2

Masters 40+ Females (10m Shoot – 50m Swim – 600m Run)

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
1	M40+/02 F	Debbie	Strydom	Western Cape	

Masters 50+ Males (10m Shoot – 50m Swim – 600m Run)

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
4	M50+/01 M	Dawie	De Villiers	Gauteng	1

Masters 60+ Males (5m Shoot – 25m Swim – 400m Run)

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
4	M60+/02 M	Bernhard	Siebrits	Western Cape	1
3	M60+/01 M	Len	Claassen	Gauteng	2
5	M60+/03 M	Johan	Windt	Western Cape	

Masters 60+ Females (5m Shoot – 25m Swim – 400m Run)

<u>Lane No.</u>	<u>Athlete No.</u>	<u>Name</u>	<u>Surname</u>	<u>Province</u>	<u>Position</u>
2	M60+/02 F	Lynette	Fischer	Gauteng	1
1	M60+/01 F	Stephanie	Claassen	Gauteng	2

x 2

Time

2:55:55

3:05:30

3.08.83

3.14.91

3.15.96

3.18.90

3.21.38

3.30.87

3.36.30

3.44.59

3.45.48

x 2

Time

2:47:73

3:04:21

3.04.89

3.10.89

3.11.51

3.23.60

3.25.40

3.37.71

3.49.90

4.05.67

4.50.45

DQ

DNS

DNS

DNS

x 2

Time

2:55:55

3:05:30

3.08.83

3.14.91

3.15.96

3.18.90

3.21.38

3.30.87

3.36.30

3.44.59

3.45.48

x 2

<u>Time</u>

5:00:07

05.07.09

05.08.56

05.18.69

05.23.10

05.26.28

05.32.09

05.44.87

06.00.73

06.06.09

06.08.69

06.11.29

06.13.97

06.15.54

06.15.79

06.28.34

06.55.68

DQ

DNS

DNS

DNS

x 2

<u>Time</u>

5:03:57

5:26:79

05.34.18

05.43.89

05.50.35

05.51.50

05.59.50

06.00.36

06.17.27

06.25.22

06.25.73

06.28.96

06.41.48

07.23.14

07.36.54

DNS

DNS

x 4

Time

8:49:49

08.50.70

08.56.01

09.22.60

09.40.47

09.56.88

10.01.75

10.27.24

10.31.47

10.45.08

10.50.89

11.22.11

11.29.11

11.47.32

12.29.03

DNS

DNS

x 4

Time

8:53:35

9:12:38

9.22.38

9.28.73

9.56.73

10,00,12

10.38.91

DNS

n)

Time

12:52:79

12.54.08

13.40.85

14.54.27

16.10.56

16.23.08

DQ

n)

<u>Time</u>
14:05:69
14.12.41
14.45.37
15.21.12
16.43.88
16.51.13
17.39.76
DQ
DNS

<u>Time</u>
16.37.43

<u>Time</u>
16.46.58

<u>Time</u>
18.29.17

<u>Time</u>
17:57:26
18.56.46

<u>Time</u>
DNF

<u>Time</u>
18:44:24
21.04.06
DNS

<u>Time</u>

<u>Time</u>
15:06:85
18:08:72
n)
<u>Time</u>
DNF
n)
<u>Time</u>
16:42:83
x 4
<u>Time</u>
11:52:18
14.07.56
DQ
x 4
<u>Time</u>
12:24:15
13.31.61